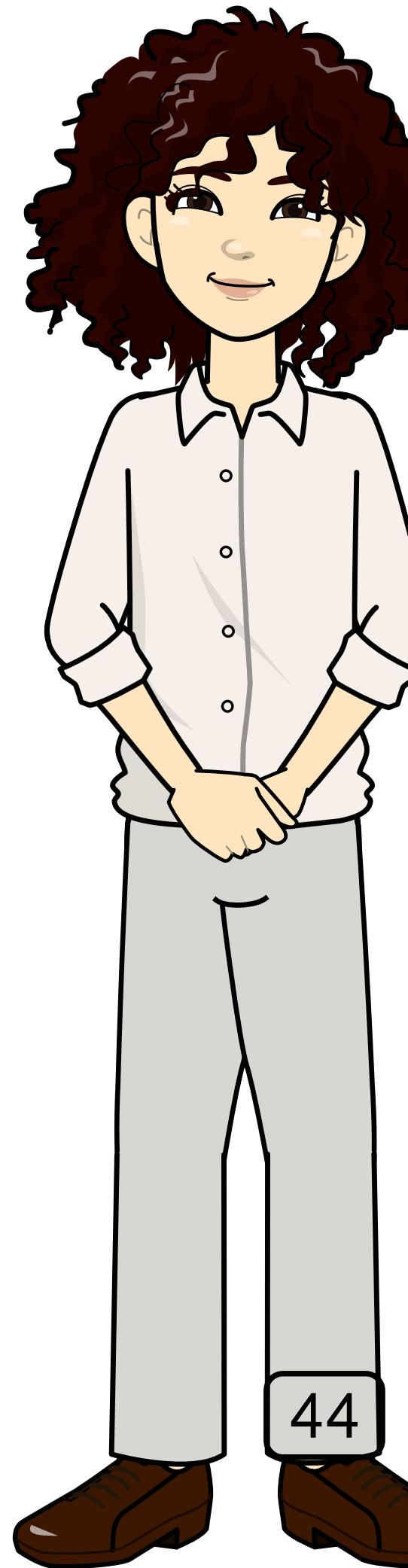


Appendix II - Reopening FAQs - Student Wellbeing

1. My child is worried about joining back to school. How can I comfort him/her?

You can make them feel at ease by having an open conversation about what it is that's worrying them and letting them know that it's natural to feel anxious. Children may feel nervous or reluctant to return to school, especially if they have been learning at home for months. Be honest – for example you could go through some of the changes they may expect at school, such as needing to wear forms of protective clothing like masks, washing hands with soap and coughing or sneezing into their elbow. Remind children about the positives – that they will be able to see their friends and teachers (if they are physically returning to the classroom) and continue learning new things.



Appendix II - Reopening FAQs - Student Wellbeing

2. How can I encourage my child to follow precautions (such as frequent handwashing, physical distancing etc.) at school without alarming her?

Sing along with their favorite song or do a dance together to make learning fun. Make sure to teach them about how even though germs are invisible, they could still be there. When children understand why they need to wash their hands, they are likely to continue doing so.



Appendix II - Reopening FAQs - Student Wellbeing

3. How can I gently check in to see how my child is coping?

It is important to be calm and proactive in your conversations with children. You can engage children in creative activities, such as playing and drawing, to help them express and communicate any negative feelings they may be experiencing in a safe and supportive environment. As children often take their emotional cues from the adults, it is important that you manage your emotions well and remain calm, listen to children's concerns, speak kindly and reassure them.



Appendix II - Reopening FAQs - Student Wellbeing

4. Is there anything I should look out for as my child starts back at school?

In addition to checking in on your child's physical health and learning when she goes back to school, you should also keep an eye out for signs of stress and anxiety. It is important to display that it is normal and okay to feel overwhelmed at times. When in doubt, empathy and support are the way to go.

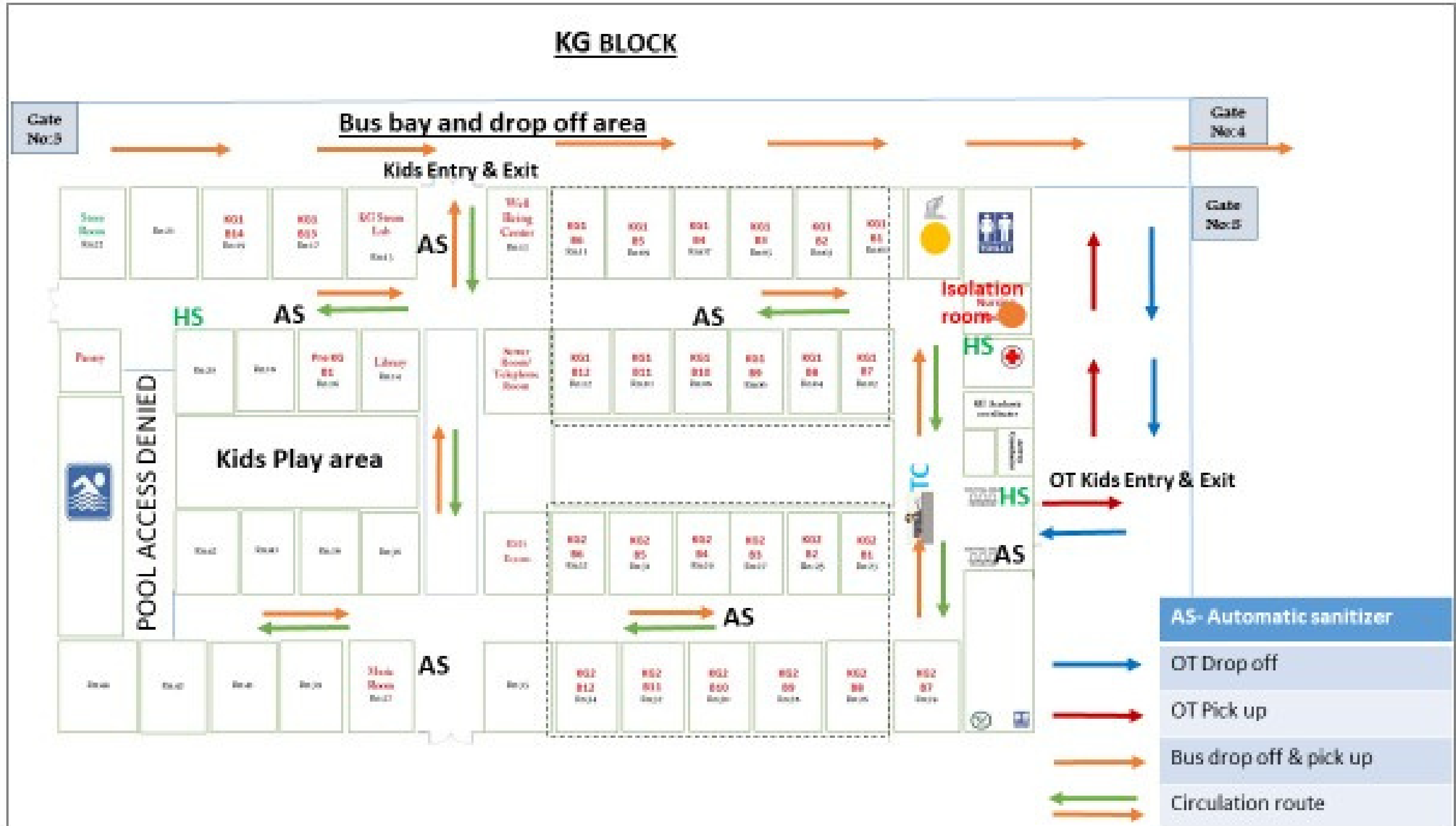
<https://www.cdc.gov/coronavirus/2019-ncov/community/community-mitigation.html>

<https://babyandchild.ae/age-1-4/learning-and-play/article/1703/10-ways-to-support-your-child-s-mental-health-for-the-return-to-school-during-covid-19>

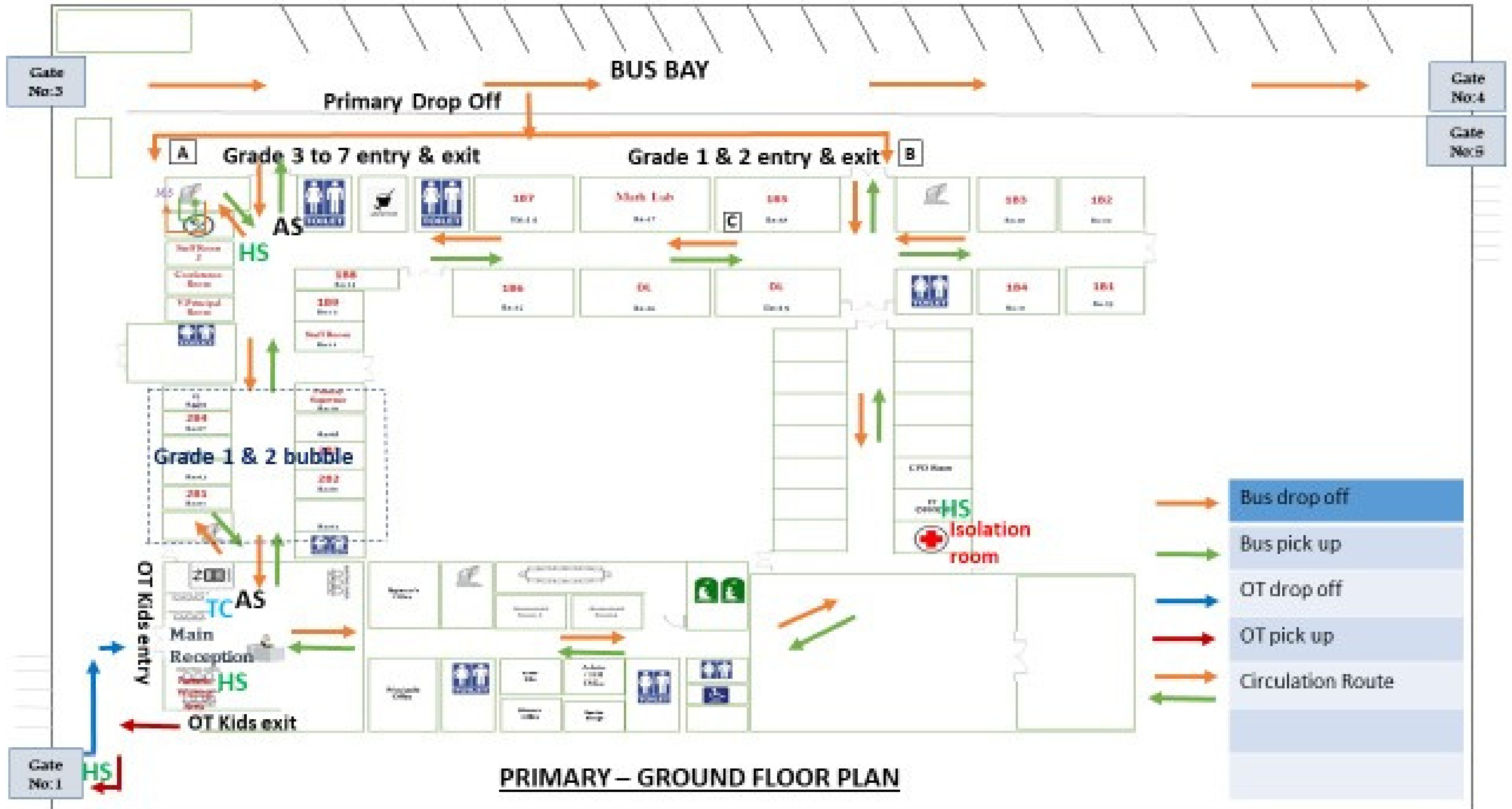
<https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/parent-checklist.html>



Appendix III - TABLE 1 - KG BLOCK CIRCULATION PLAN



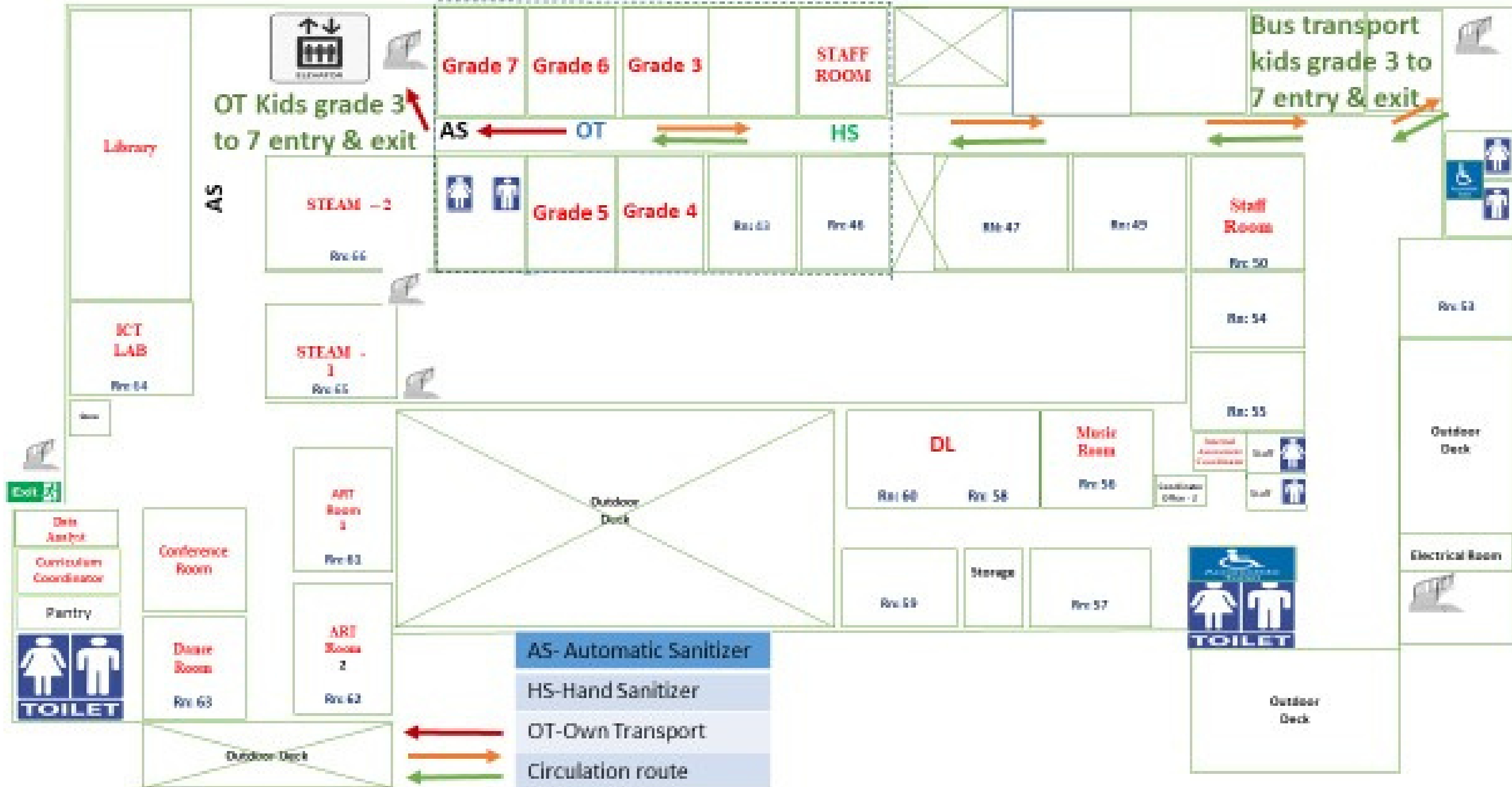
Appendix III - TABLE 2 - MAIN BLOCK GROUND FLOOR CIRCULATION PLAN



Appendix III - TABLE 3 - MAIN BLOCK FIRST FLOOR CIRCULATION PLAN



PRIMARY - FIRST FLOOR PLAN



Helpline
KG

SUPERVISOR

- Ms. Parita Patira
- 04-2041030
- ppatira-asd@amitydubai.ae

KG
COORDINATOR

- Ms. Mariya Kathawala
- 04-2041030
- mkathawala-asd@amitydubai.ae

KG
COORDINATOR

- Ms. Anila Shabahat
- 04-2041030
- ashahat-asd@amitydubai.ae

Helpline Primary

SUPERVISOR

- Mr. Hiren Sangani
- 04-2041025
- hsangani-asd@amitydubai.ae

ASSISTANT HOD - ARABIC

- Ms. Hanaa El Sayed
- 04-2041025
- hsayed-asd@amitydubai.ae

COORDINATOR - ISLAMIC STUDIES

- Ms.Sobia Ehsan
- 04-2041025
- sehsan-asd@amitydubai.ae

Helpline Middle

SUPERVISOR

- Ms.Mridula Pande
- 04-2041031
- mpande-asd@amitydubai.ae

HOD SECOND LANGUAGE

- Dr.Murali Nanjan
- 04-2041031
- mnanjan-asd@amitydubai.ae

HOD SOCIAL STUDIES

- Ms. Aprajita Johnson
- 04-2041031
- ajohnson-asd@amitydubai.ae

Helpline Technology

IT ADMINISTRATOR

- Mr.Mudasir Bashir
- 04-2041016
- itsupport-asd@amitydubai.ae

ASSISTANT IT ENGINEER

- Mr. Nevin George
- 04-2041034
- ngeorge-asd@amitydubai.ae

DATA ANALYST

- Ms. Prarthana Kale
- 04-2041029
- pkale-asd@amitydubai.ae

Helpline Wellbeing

COUNSELLOR

- Ms. Sushma Dmello
- 04-2041012
- counsellor@amitydubai.ae

ACTIVITY COORDINATOR

- Ms. Farhat Sanchawala
- 04-2041011
- fsanchawala-asd@amitydubai.ae

PRE

- Ms. Deeksha Fernandes
- 04-2041005
- pre-asd@amitydubai.ae

Helpline Health and Safety

HEALTH AND SAFETY OFFICER

- Ms. Bala Sadasivan
- +97142041032
- viceprincipal@amitydubai.ae

ASSISTANT HEALTH AND SAFETY OFFICER

- Ms. Jeremarie Angelie Sanchez
- +97142041010 / +97142041040
- nurse-asd@amitydubai.ae

EMERGENCY CONTACT NUMBER

- Ms. Simi
- 04-2041000

Thank You

Can't wait to
have you back
to school

